



# CONGRATULATIONS ON YOUR SKIING ACHIEVEMENTS!

## WELCOME TO THE US Ski & Snowboard U19 EASTERN FINALS

**MARCH 21,22,23,24, 2019 AT GORE MOUNTAIN SKI AREA**  
**\*\*SCHEDULE SUBJECT TO CHANGE\*\***

Your race hosts are New York Ski Educational Foundation (NYSEF) and Gore Mt. Ski Center. We are delighted you will be here for this FOUR-day Invitational Race Series. The NYSEF headquarters, where all meetings, registration, race finish, scoreboard and awards take place, are located in a log building beyond the Adirondack Express II Quad.

**Trail:** ECHO SG GS SL

**Access:** BURNT RIDGE QUAD FOR Echo. During Speed events there is NO ENTRY to the start or on to the course by parents or skiing public. No movement is allowed on the hill during SG. Only course crew, registered coaches, and referees may be on the race trail. Please abide by this as it is for the safety of the athletes.

**Athlete/Coaches Tickets:** Tickets will be given out each day at registration. Coaches please sign in daily before the 8AM coaches meeting. Please have USSA credentials printed and in hand to register as coach. (USSA card, Season Employee Pass from your mtn, and current state affiliation) ALL athletes must have coach representation.

**Registration:** The cost of the US SKI & SNOWBOARD FINALS RACE SERIES is SG Training-\$85, SG Race \$85, GS race -\$78, & SL race-\$78, ONLINE REGISTRATION ONLY, PLEASE REGISTER FOR EACH DAY!

**ALL REGISTRATION ENTRIES ARE THROUGH [www.SkiReg.com](http://www.SkiReg.com)**

Please register on-line at: [www.SkiReg.com](http://www.SkiReg.com) no later than Thursday, 3/14/2019 at noon for all races.

**No phone, US postal, fax or email entries permitted. ONLINE REGISTRATION ONLY Thank you.**

**Bibs:** Will be handed out and collected **daily** at the NYSEF building.

**Required is a \$20 cash bib deposit daily.**

### **Volunteers:**

Parents who wish to volunteer on the hill will receive a ticket for the day plus a fine lunch. At the end of the day you will receive a voucher good at Gore, Belleayre or Whiteface at any time. Please sign up ahead of time on-line at: <http://www.signupgenius.com/go/70a054aadac2caa8-nysefgore>. You will need to check in at registration by 8AM to sign a waiver and get instructions (If working registration please arrive by 7:15am). The gatekeepers' meeting is at 8:15AM in the training center. If conditions require extra hill help, we will post a notice at registration where you can sign up. Reminders there are NO gatekeepers or hill crew are needed for Super-G events.

### **Coaches Corner:**

You must be a USSA accredited coach in order to receive a ticket (USSA current, State association, and currently employed with a mountain racing program). Please bring current Mtn Employee pass & USSA card printed to speed up your check in. All athletes **must** have representation at the captains meeting. We request that clubs try to keep the coach to athlete ratio at 1:7 (when possible). If you have questions, give us a call 518-251-2825.

### **Athlete Conduct:**

We anticipate that all athletes attending the USSA U16 East Finals will be well behaved. Gore Mt. Ski Center is a wonderful host to ski racing and we work hard to produce ideal race trail conditions for all of our races. We ask that all athletes, coaches, and parents treat the Gore Mt. personnel and the skiing public politely on the hill and in the lodge. This includes respecting the mountain and not littering. Our ski patrol requires the use of the safety bar on the chair lifts and requests that racers control their speed on open public trails. **Absolutely no tucking anywhere off the race trail or skiing on super-g skis on a non-netted trail.** The patrol is very strict. **Lost or pulled Lift Ticket will not be replaced.** The lift attendants need to be able to see your Tickets at all times, even when wearing a speed suit.

### **Parents and Families:**

There are discount vouchers available at the training center during registration each day, they are good for the group rate at the mtn. Best is purchase multi day Friday for the best value. Please remember during speed events there are no parents or skiing public allowed on ECHO. This is for the safety and concentration of your athletes. Enjoy your time here in the North Creek area!

### **Awards:**

Award times will be announced soon. Awards will be given out to the top 10 men and top 10 women overall for each event.

### **Lodging/Eateries:**

There are a number of places within 20 or 30 minutes of Gore Mt. spread throughout the Town of Johnsbury in the various hamlets. Nearby Chestertown, Indian Lake and Warrensburg also provide opportunities and are each about 15 miles away. Further are Lake George, Queensbury, and Glens Falls all about 40-45 minutes away (36 miles). Use [www.goremountain.com](http://www.goremountain.com) and [www.gorechamber.com](http://www.gorechamber.com).

Local eateries provide some great meals offers good meals. In the village of North Creek along Main Street, you will find **Trappers' Tavern at the Copperfield Inn, Marsha's Family Restaurant, Sarah's Café, Chrissy's Cafe, Izzy's Country Market & Deli, Bar Vino, & The Barking Spider.** Just outside North Creek, on Rt. 28 you will find **Basil and Wick's.** Along Peaceful Valley Rd., ½ mile south of the Gore Mt. access road, is **The Inn on Gore Mt.** for great home cooking! **Garnet Hill Lodge and Ski Center** offers lodging, good food, and cross-country trails.

### **Contacts:**

NYSEF Training Center at Gore Mountain Ski Area

Tanya Gaechter

Race Administrator

[tanyag@nysef.org](mailto:tanyag@nysef.org)

518-251-2825

The Race officials are:

Chief of Race: Rich Burnley, NYSEF Gore Program Director

Technical Delegate:

Race Administrators: Tanya Gaechter

Chief of T & C: Mark Prendeville & Michael Kohl

Ski tuning services offered by: Beaverbrook Outfitters, Wevertown (518-251-3394) or Sports Page in Queensbury (518-792-1304). The NYSEF training center has a tune room available please sweep when you are finished!

Training Center hours during race day: 7AM-4PM

# WELCOME TO THE US SKI AND SNOWBOARD EASTERN FINALS

## THURSDAY MARCH 21: SUPER-G SPEED TRAINING

7:15-8:15AM BIB PICK UP REGISTRATION IN NYSEF BUILDING Have bib deposit ready  
8AM COACHES MEETING  
8:30AM START OPEN FOR CONTROLLED FREE SKI OF THE HILL  
9:00AM START CLOSED TO ATHLETES  
9:10 COURSE SET/ WITH JURY INSPECTION  
9:30 ATHLETE INSPECTION OPEN AT START  
10AM START CLOSED TO ATHLETES  
10:15 COACHES AND CREW SLIDE INTO PLACE  
10:30 TRAINING RUN #1 IN BIB ORDER **NO MOVEMENT ON THE HILL**  
12 NOON RACE HILL CLOSED TO ALL  
1:00PM TRAINING RUN #2 IN BIB ORDER **NO MOVEMENT ON THE HILL**  
**RETURN BIB IMMEDIATELY AFTER SECOND RUN**

## FRIDAY MARCH 22: SUPER-RACE RACE

7:30-8:00AM BIB PICK UP REGISTRATION Have bib deposit ready  
8AM COACHES MEETING IN NYSEF TRAINING CENTER  
8:30 LOAD BURNT RIDGE QUAD  
8:45-9:15 CONTROLLED FREE SKI OF THE HILL (\*\*SUBJECT TO CHANGE\*\*)  
9:15 COURSE CLOSED AT START TO SET/ WITH JURY INSPECTION  
9:45-10:40 ATHLETE INSPECTION  
10:30 COURSE CLOSED AT START  
10:45 FORERUNNERS  
11AM RACE START (\*\*SUBJECT TO CHANGE\*\*)

## SATURDAY MARCH 23: GIANT SLALOM

7:30-8AM BIB PICK UP REGISTRATION Have bib deposit ready  
8:00 COACHES MEETING  
8:15 GATEKEEPERS MEETING FOLLOWING COACHES' MEETING  
8:15AM JURY INSPECTION  
8:30-9:15 COURSE OPEN FOR ATHLETE INSPECTION (CLOSES TO ATHLETES 9AM)  
9:30AM FIRST RUN START  
Second run 1 HR after the conclusion of 1<sup>st</sup> run, inspection to follow the course setter  
REFEREE REPORTS POSTED ON SCORE BOARD  
**B-NET ROLLING PARTY ALL ATHLETES AND COACES AFTER LAST RACER**

## SUNDAY MARCH 14: SLALOM

7:30-8AM BIB PICK UP REGISTRATION Have bib deposit ready  
8:00 COACHES MEETING  
8:15 GATEKEEPERS MEETING FOLLOWING COACHES' MEETING  
8:15AM JURY LOADS LIFT FOR INSPECTION  
8:30 - 9:15 COURSE OPEN FOR ATHLETE INSPECTION  
9:30AM FIRST RUN START  
Second run 1 HR after the conclusion of 1<sup>st</sup> run, inspection to follow the course setter  
REFEREE REPORTS POSTED ON SCORE BOARD

**Please NO fast skiing or tucking on trails other than the NETTED race hill. Lost or revoked CREDENTIALS by ski patrol will not be replaced. Tickets must be visible to lift attendants at all times—wear them when racing. Please be courteous to our lift attendants and respect our mountain. Safety bars must be used at all times on the chair lifts, also when loading the lifts please sit on ski pole handles, not tips!!**  
**\*\*SUBJECT TO CHANGE\*\***